



Sports Medicine and Performance Center

UNIVERSITY OF COLORADO
SCHOOL OF MEDICINE

IN PARTNERSHIP WITH
BOULDER COMMUNITY HEALTH

NOV 2016

COMMUNITY LECTURE SERIES

SUN	MON	TUE	WED	THU	FRI	SAT
			01	02	03	04
						05
	06	07	08	09	10	11
	Cycling Performance w/ Dr. Inigo San Millan					12
	13	14	15	16	17	18
	Mental Skills Training w/ Kate Bennett, PsyD					19
	20	21	22	23	24	25
	Sports Nutrition w/ Ryan Kohler				 Happy Thanksgiving	26
	27	28	29	30		
	Cycling Biomechanics w/ Charles Van Atta					