



Sports Medicine and Performance Center

UNIVERSITY OF COLORADO
SCHOOL OF MEDICINE

IN PARTNERSHIP WITH
BOULDER COMMUNITY HEALTH

SEP 2016

COMMUNITY LECTURE SERIES

SUN	MON	TUE	WED	THU	FRI	SAT
					01	02
						03
04	05	06	07	08	09	10
				Cyclocross Performance w/ Rob Pickels B.O.D.		
11	12	13	14	15	16	17
Sports Nutrition w/ Ryan Kohler				Cycling Biomechanics w/ Charles Van Atta		
18	19	20	21	22	23	24
Triathlon Performance w/ Jared Berg CCTC				Overtraining w/ Dr. Inigo San Millan		
25	26	27	28	29	30	
Swim Performance w/ Jared Berg				Cycling Performance w/ Dr. Inigo San Millan		